

WE NEED YOU!

This newsletter is to promote the services that are available in your area, to highlight how the services in your area work together for you and to find out what needs you have.

Please come to our meeting at
38 Bensington Court, New Road, Bedfont
on Tuesday, April 5th 10am to 12noon

RSVP on
02085756139



TASHA Foundation
Helping you to help yourself

BEDFONT NEIGHBOURHOOD NEWSLETTER

Empowering Learning Skills into Action



To book your place call

COURSE SCHEDULE

020 8575 6139

Date	Time	Course name	Location
From 7 March 2011 and every Monday until the end of April	2.30 - 4.30	Computer Skills	Internet Café, Brentford
From 3 March 2011 and every Thursday until the end of April	10.00 - 12.30	Confidentiality and boundaries, Meeting skills, Planning skills, Presentation skills	Bensington Court, Bedfont
From 29 March 2011 and every Tuesday until the end of April	11.00 - 1.00	Computer Skills, Literacy, Numeracy	Bensington Court, Bedfont
From 2 March 2011 and every Wednesday until the end of April	10.30 - 12.30	Work Club	Internet Café, Brentford

TRAINING LOCATIONS:

INTERNET CAFÉ, BRENTFORD: 112 High Street TW8 8AT Tel. 0208 560 4583	BENSINGTON COURT, BEDFONT: 38 Bensington Court New Road TW14 8HX Tel. 0207 195 0151
Buses: 267, 235, 237, 635, E2, E8	Buses: H25, H26, 203, 116, 941

Bedfont Children's Centre

Address

**Fairholme Primary School,
Peacock Avenue
Bedfont
Middx
TW14 8ET**

Contact Details

**Centre Manager: Judy Matthews
Centre Receptionist: Emma Geard**

Telephone

020 8844 0441

What is a Children's Centre?

Children's Centres offer information, advice and activities to support families with children aged 0-5 years. They offer a variety of universal and targeted service where they are needed. Working with other professionals to help families to:

- Be Healthy
- Stay Safe
- Enjoy and achieve
- Achieve economic well-being
- Make a positive contribution

Who can use the Children's Centre?

Children's Centres are open to all families with a child under the age of 5 including pregnant mums. Parents/Carers and children are welcome to use the Children's Centre

"The Centre has been a lifesaver. When I came here I had no friends and did not know anyone. I have made new friends, and so have my children and they enjoy coming to the centre every day.

- Parent attending Centre

"I am learning how other dads father their children by seeing how they speak to their children. I have seen some good examples that I can copy"

- Dad attending Men Behaving Dadly Group

What Happens at the Children's Centre?

A variety of activities are delivered subject to the needs of the community including:

- Stay & Play Sessions
- Pre- School Stay & Play sessions (to prepare you and your child for school)
- Baby Clinics
- Dad's Group (Runs on a Saturday male led)
- Access to employment and training to help you get back into the workplace
- Childminding Networks
- Activity Sessions including Amanda's Action Kids, Singing Hands and much more

BEDFONT NEIGHBOURHOOD NEWSLETTER

**Southville Community Centre,
Southville Road Bedfont, Middlesex, TW14 8AP
02088909972**

Wide range of regular activities for parents, children and young people. Including the following adult learning coming up over the next few months

INDIAN HEAD MASSAGE	Mon
SKINCARE & FACIALS	Mon
FOOT MASSAGE AND PEDICURE	Mon
GET TO GRIPS WITH ENGLISH 10 WEEKS	Tue
COMPUTERS GETTING STARTED	Wed
COMPUTING FOR LEISURE	Wed
ESOL S/L SOUTHFIELD CENTRE	Thu
ENCOURAGING PHYSICAL DEVELOPMENT - EARLY YEARS	Fri
ENCOURAGING MESSY PLAY - EARLY YEARS	Fri
DEVELOPING AWARENESS OF CHILDREN WITH SPECIFIC NEEDS	Fri

ALSO GET INVOLVED with some special projects

Greenfingers Club, a dads and kids gardening club starting the 19th of March

Triple P parenting class for Parents of pre-school children starting after Easter,

Speakeasy for parents of teens to teenies to help them answer questions kids ask about sex and relationships knowledgeably and without embarrassment .

FREE holiday activities, two weeks coming up in Easter hols and about 150 kids plus parents attend these very exciting activities for 0-15 yr olds.

We have an Easter Funday on the 26th March 1-4pm.

All welcome

BEDFONT NEIGHBOURHOOD NEWSLETTER

Dear Residents,

Bedfont is a lovely place in which to live with easy access to open spaces, parks, the library, shops and central London via the Piccadilly Line. There are activities for the young and adults at the Southville Centre, the Football Club and the Bedfont Sports' Club, both of which are in Hatton Road. There is a Darby and Joan Club for older people at St. Mary's Church Hall on Monday afternoons with a variety of entertainment.

The environment nevertheless needs looking after and respecting by everyone. There are still problems with flytipping, litter and some anti-social behaviour.

I hope that you are all settling happily into Bedfont and that you will join in with the rest of the community in making our area a green, clean and happy place in which to reside.

Residents are reminded that I hold Drop in Advice Surgeries on the

- First Friday of every month at Southville Community and Children's Centre, Southville Road Bedfont TW14 8AP from 2pm until 3pm.
- First Saturday of every month at Bedfont Library, 639 Staines Road, Bedfont Middlesex TW13 4PZ from 10am until noon.

Everyone is welcome to come with their problems, general concerns and suggestions.

Yours sincerely,

Councillor Liz Mammatt

Telephone: 020 8831 9879

E-mail: lizmammatt@talktalk.net

BEDFONT NEIGHBOURHOOD NEWSLETTER

Bedfont Library 639 Staines Road, Bedfont, Middlesex TW13 4PZ

Telephone; 0208 890 6173

Opening Hours: Mon 9.30 – 8 Tues & Sat 9.30 -5.30 Thurs 9.30 - 5

Contact Names: Cathy Hudson/ Stephanie Stewart

As a library service we provide access to information, an extensive range of books & internet access to a wide variety of websites.

Hall Hire available for meetings and activities during opening times, please enquire for rates as they may vary.

Yoga for over 50s Mondays 10 -11

Art Class every Tuesday during term time 10 -12

Craft Social group sessions every 2nd & 4th Tuesday

Story times every Thursday 2.15

Reading Group every 2nd Thursday of the month

Councillor Mammatt Surgery 1st Saturday Every month 10 -12

Councillors Bruce & Gupta 3rd Saturday Every Month 10 -12 EXCEPT AUGUST

WATERCOLOUR & MIXED MEDIA PAINTING - Tuesday

WATERCOLOUR & MIXED MEDIA PAINTING - Tuesday

ECO FASHION: FUNKY JEWELLERY WORKSHOP - Thursday

Coming Soon

Hounslow Adult Learning Taster sessions at Bensington Court

Contact Mikey Prince EASE Family Outreach Worker 02085756139

Drop in Tuesday - Thursdays and contact Mikey about Childcare qualifications

Age UK

Contact Details

Eileen Butler

Telephone

0300 012 0246

"We run a day Centre for elderly frail clients and a social group in the hall on Fairholme Estate Bedfont. We also run Help in Hounslow is an advice and information service for everyone"

Community Safety Funday

Saturday May 21st 2011

12 noon until 4 pm

Bedfont Sports Club
Hatton Road
Bedfont

Bouncy Castle
Face Painting
Workshops
Dog Chipping
Community Safety Information
Fire Engine (with Firemen)
and more.....

Everyone Welcome!

If you'd like to volunteer to help on the day please contact the Neighbourhood Community Safety Co-ordinator

Emma Millard

Mobile: 07956 308554

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Organisation	What we do	Contact Name	
TASHA	Support for people with drug and alcohol issues, carers and adult learning		02085604583 112 High Street Brentford TW8 8AT
EASE	Family support Domestic Abuse support Volunteering Training and Employment support	Mikey Prince Angela Dodwell Nigel Bryne TED officer	0208 575 6139 The Base 38 Bensington Court New Road, Bedfont TW14 8HX
CATALYST HOUSING	Managing Page Road Estate	Kuldip Padan Michelle Robinson	kuldip.padan@chg.org.uk michelle.robinson@chg.org.uk
Bedfont Safer Neighbourhood Police	Community Safety Non emergency policing issues	Acting Sergeant Sarah James	02082476314
Bedfont Ward Councillors	Representing the needs of residents	Cllr Liz Mammatt Cllr Sachin Gupta Cllr Tom Bruce	020 8831 9879 sachin.gupta@hounslow.gov.uk 0777 375 6464
Bedfont Library	Providing access to books etc	Cathy Hudson	Bedfont Library 639 Staines Road, Bedfont, Middlesex TW13 4PZ 0208 890 6173
West Thames College	Information, advice and guidance on training and education services for 16+.	Leonie Burke	West Thames College, London Road, Isleworth, Middlesex TW7 4HS 020 8326 2020 leonie.burke@west-thames.ac.uk
Hounslow Adult and Community Education Service	We provide adult education courses across Hounslow borough.	Julie Apsey	Julie.apsey@hounslow.gov.uk 0208 583 6014 07947 406 786 http:// adultcourses.hounslow.gov.uk/
Hounslow Youth Service	Working with young people in the local area	Michael Gower	www.hounslowyouth.org.uk Southville Road Bedfont, Feltham, London, TW14 8AP Tel: 020 8844 2328
Southville Community & Children's Ctr	Providing services for families with children aged 5 and under	Noveen Phillips	Southville Road Bedfont, Feltham, London, TW14 8AP Tel: 020 8844 2328
Bedfont Children's Centre	Providing services for families with children aged 5 and under		
Girlguiding	Activities for girls and volunteering opportunities for women	Desiree Polluk	guiding.msw@hotmail.com 02085711680
Community Safety Team	Anti Social Behaviour & Crime Prevention	Emma Millard	07956 308554